



BREAKFAST MENU

MONDAY TO FRIDAY 6:30AM – 11:30AM

SATURDAY 7:00AM – 11:30AM

SUNDAY 7:00AM – 10:00AM

Canadian Breakfast

Two Eggs any style served with your choice of Canadian Maple Bacon, Breakfast Sausage or Black Forest Ham. Accompanied by Roasted Yukon Gold Potatoes & Toast. Included is your choice of Coffee or Tea & Juice.

14.95

New York Breakfast

Salmon & Cream Cheese Bagel served with Seasonal Sliced Fruit

11.95

French Toast

3 Slices of French Bread with Cinnamon & Raisins.

Served with Maple Orange Syrup.

10.95

Beaches Waffle

Served with Strawberries, Blueberries, Peaches or Chocolate Sauce & Fresh Whipped Cream.

11.95

Buttermilk Pancakes

Three Pancakes, topped with your choice of Blueberries, Fresh Strawberries, Peaches

Served with Maple Orange Syrup.

10.95

Coast Continental Breakfast

With your choice of a Muffin, Freshly Baked Danish or Croissant. Included is your choice of Coffee or Tea & Juice.

Served with Fresh Fruit Cup.

10.95

Fresh Fruit Plate

Honey Dew, Cantaloupe and Seasonal Berries with Honey Yogurt or Cottage Cheese.

Included is your choice of Coffee or Tea.

10.95

Spanish Omelet

Three Egg Omelet with Peppers, Tomatoes, Onions, Black Forest Ham, Chili Flakes. Served with Roasted Yukon Gold Potatoes & Toast.

13.95

Beaches Omelet

Three Egg Omelet, your choice of three fillings: Cheese, Bacon, Ham, Shrimp, Green Onions, Mushrooms, Tomatoes or Peppers. Roasted Yukon Gold Potatoes & Toast.

Extra fillings add 1.25 each.

13.95

Healthy Choice

Three Scrambled Egg Whites

Your choice of three fillings:

Cheese, Bacon, Ham, Shrimp, Green Onions, Mushrooms, Tomatoes or Peppers.

Served with fresh Sliced Fruit & Toast.

Extra fillings add 1.25 each.

13.95

Angus Steak And Eggs

Grilled 6oz Angus Butler Steak with two Eggs any style. Accompanied by Roasted Yukon Gold Potatoes & Toast.

15.95

Berry Parfait

Trio of BC Berries, Granola & Yogurt or Cottage Cheese

8.95

The Benedicts

The Classic Benedict

with Back Bacon

The West Coast Benedict

with Smoked Salmon

The Florentine Benedict

with Tomato & Spinach

All are served on a Toasted English Muffin with Hollandaise Sauce accompanied by Roasted Yukon Gold Potatoes

14.25

Prices Subject to Applicable Taxes 6/5/09
Chef Nicholas Braun and Sous Chef Geordie McLachlin



Beaches Side Orders

One Egg Any Style	2.95	Two Pancakes	6.95
Canadian Maple Bacon	3.50	Roasted Yukon Potatoes	3.95
Breakfast Sausage	3.50	Toast	2.95
Black Forest Ham	3.50	Fresh Fruit Cup	3.50
Assorted Cold Cereal	3.50	Grilled Tomatoes	3.25
Oatmeal	3.95	Granola	3.50
Yogurt	3.50	Cottage Cheese	3.50
Fresh Muffin, Danish or Croissant	3.50		

Beverage Selections

Freshly Brewed Coffee or Decaf	2.95	Cappuccino	3.95
Regular and Herb Tea	2.95	Mocha	3.95
Latte	3.95	Hot Chocolate	2.95
Milk - Skim, 2%, Chocolate	2.25		

Assorted Juices

Small 2.60 Large 3.60
 Apple, Cranberry, Grapefruit, Pineapple or Tomato

Or

Fresh Squeezed Orange Juice
 Small 2.95 Large 4.25